

Shaolin Kempo

Green w/ Brown Stripe Belt



Handstrikes (34)

- Poison Thumb to the eye
- Willow Palm to the chest

Kicks (16)

- Hopping Spinning Reverse Crescent kick to head

Blocks

- None new at this rank

Self Defense

- 6th Front Choke
- 2nd Headlock

Stances

- Dragon stance

Combinations

- Combination 10
- Combination 11

Kempos

- 30th Kempo
- 31st Kempo

Forms

- Four Pinion
- Five Pinion

Miscellaneous

- None new at this rank